

2021 Cancer Screening and Supplementary Exam Information

Please read before having any examination

Period	May 10th, 2021 - April 31st, 2022 (Some examinations available until the end of February)
Required Materials	<ul style="list-style-type: none"> • Examination Form • Examination Fee <p>Payment is only necessary for those whose exam forms say "paid" under payment information. Please see the back of this page for payment details. Examinations are free for tax exempt and welfare recipient families.</p> <p>※Household tax considerations will be made as of January 1st, 2020, and take effect in 2021.</p> <p>※2021 residence tax exemptions will take effect in 2022.</p> <p>※Please contact the relevant division for tax payment information.</p> <p>※If you have concerns about the cost of the examination, please bring it up BEFORE your appointment.</p> <ul style="list-style-type: none"> • Health insurance card <p>Those services other than the basic examination will be considered as health insurance (paid) services.</p>
Caution	<p>Group Examination</p> <ul style="list-style-type: none"> • Reservation by phone is necessary. Reception hours: 9AM - 4PM (weekdays) For details, please contact the health promotion division at 39-9136. • The examination bus has a high step and is very narrow. We recommend those for whom this may be difficult get examined at a medical facility. • For the safety of examinees and their children, we ask that you not bring your child with you to your examination. • If you believe your child can safely and quietly wait during your examination, you may bring them along. However, any injury the child may incur on the premises is not the responsibility of the medical facility or Toyohashi city. • Examinations may be cancelled due to strong winds or infectious disease outbreaks. Please check the city website for the most up-to-date information.
Other	<ul style="list-style-type: none"> • If you receive multiple examinations, we will ask that you pay the examination fee.

(All ages are as of March 31, 2022)

Target	Examinations	Type of checkup	Tests	Fee	Period	Target Age Group	Notes
Examinations for men and women	Lungs (Tuberculosis - Lung cancer)	Checkup at a medical institution	Consultation/ Chest x-ray examination/ Sputum cytology examination	¥500	May 10 to January 31	Age 40 and above	<ul style="list-style-type: none"> • Persons who are 65 years of age or older are prone to the development of tuberculosis and are advised to have this examination every year. • Sputum cytology test (phlegm test) may be given depending on the condition of patient's blood sputum and smoking history. • Persons who have smoked more than 600 cigarettes (number of cigarettes per day times years of smoking) are recommended to take the sputum test. <p>< Please note ></p> <ul style="list-style-type: none"> • Those who are currently pregnant or may be pregnant are ineligible to take this test.
		Group Checkup	Consultation/ Chest x-ray examination/ Sputum cytology examination	¥200			
	Stomach Cancer	Checkup at a medical institution	Consultation/ Gastroscopy (endoscope examination)	¥3,000	May 10 to January 31	Even number ages Age 40 and above	<p>< Regarding the target age group ></p> <ul style="list-style-type: none"> • This screening is only available for individuals aged 40 and above, and individuals with even age numbers (40, 42, 44, etc.). • Individuals are eligible to choose between gastroscopy screening or x-ray screening. <p>Checkup at a medical institution</p> <ul style="list-style-type: none"> • Please confirm to the medical institution you have for the details of either examination. <p>Group Checkup</p> <ul style="list-style-type: none"> • Thing(s) to bring : drinking water <p>< Stomach x-ray examination notes ></p> <ul style="list-style-type: none"> • Persons who are hypersensitive to barium (or have a barium allergy) are not able to have this medical examination. • Those who are pregnant or may be pregnant are ineligible to have this medical examination. <p>The day before the examination</p> <ul style="list-style-type: none"> • Please eat foods that are easy to digest before 9 p.m. Water and tea are also acceptable. <p>On the day of examination</p> <ul style="list-style-type: none"> • Please do not eat (breakfast nor candies), do not drink water nor tea, do not smoke, etc in the morning. • You will NOT be able to take the exam if you eat, drink, smoke, etc, on the day of the <p>※For those on medication Please check with your doctor whether the medicine needs to be taken on the day of the examination. If it is necessary, please take the medicine with small amount of water by 6 a.m. and inform the radiologist before the examination.</p> <p>After the examination</p> <ul style="list-style-type: none"> • Please drink plenty of water to accelerate the excretion of barium.
			Consultation/ Stomach x-ray examination (Barium examination)	¥3,000			
	Once every 2 years	Group Checkup	Consultation/ Stomach x-ray examination (Barium examination)	1,000¥			
Colon cancer	Checkup at a medical institution	Consultation/ Fecal occult blood test (two-day method)	¥200	May 10 to January 31	Age 40 and above	<p>Deadline for the submission of stool samples is the end of February</p> <ul style="list-style-type: none"> • The stool sample container can be obtained at any of the medical institutions (please refer to the list of participating institutions) or at lung/stomach cancer group checkup locations. Submit the samples to a medical institution conducting colon cancer screenings. • The examination voucher is necessary stool sample container to obtain and submit the samples. Please do not lose your examination voucher. 	
Periodontal (gum) disease	Checkup at a medical institution	Consultation/oral examination/ dental health guidance	Free of charge	May 10 to March 31	Ages: 20 30 40 50 60 70	<ul style="list-style-type: none"> • If you need treatment for cavities or periodontal disease, you will be able to receive treatment on the same day. • The reception fee will be free for those who are only receiving a gum disease examination. For operations such as tartar removal, there may be extra fees on top of the operation fees to cover examinations, etc. 	

Target	Examination	Type of checkup	Tests	Fee	Period	Target Age Group	Notes
Examinations for women	Cervical / Uterine Cancer	Checkup at a Medical institution	Consultation / Examination / Gynecological examination / Pap smear cervical screening (uterine screening if necessary)	¥1,600 (¥2,600)	May 10 to January 31	Women age 20 and above	<ul style="list-style-type: none"> Thing(s) to bring : sanitary napkin Please make sure to bring a napkin in case of spotting or bleeding after the examination. Please do not have the examination during your menstrual period. You are advised to have the examination 1 week after your menstrual period ends and before your next menstrual period begins. We recommend that you wear exam-friendly clothing such as a skirt or dress. Uterine screenings are only available in medical institutions, and it is limited for those with abnormal menstrual bleeding, irregular menstrual cycles and brown discharge occurring within the last 6 months and it requires the patient's consent. If you have undergone a hysterectomy, please consult your doctor before taking the examination.
		Group Checkup	Consultation / Examination / Gynecological examination / Pap smear	¥1,000			
	Breast Cancer	Checkup at a Medical institution	Consultation / Examination / Palpation / Ultrasound (also called echo)	¥1,300	May 10 to January 31	Women age 40 and above	<ul style="list-style-type: none"> This examination should be completed about 1 week after your menstrual period. Mammograms are available in some medical institutions. Since there are limited spots available, it is advised to make an appointment as soon as possible if you would like to have a mammogram. Group Thing(s) to bring : bath towel <p>[People who are ineligible for mammograms]</p> <ul style="list-style-type: none"> Pregnant / breastfeeding mothers, mothers who have stopped breastfeeding within the last 6 months and women who may possibly be pregnant Individuals who use a pacemaker, VP shunt, CVAD, or those who have had breast implants.
		Group Checkup	Consultation / Breast x-ray examination (Mammogram)	¥2,300 (Both sides for those aged between 40 and 49) ¥1,400 (One side for patients aged 50 and above)			
	Osteoporosis	Group Checkup	Consultation / Calcaneus (heel) ultrasound	¥300	Jun 8 to January 21	Women age: 40, 45, 50, 55, 60, 65, 70	<ul style="list-style-type: none"> Gel will be applied to your heel so please refrain from wearing stockings and wear either a skirt or easy to raise pants. The osteoporosis examination and some cancer screenings can be completed on the same day. For more information about the osteoporosis examination schedule, please refer to the enclosed booklet.
	Examination for men	Prostate cancer	Checkup at a Medical institution	Consultation / Blood test	¥300	May 11 to January 31	Men age: 50, 55, 60, 65, 70
¥1,200							