

2022 Cancer Screening and Supplementary Exam Information

Please read before having any examination

(All ages are as of March 31, 2023)

Period	<b>May 9th, 2022 - April 31st, 2023</b> (Some examinations available until the end of February)
Required Materials	<ul style="list-style-type: none"> <li>• <b>Examination Form</b></li> <li>• <b>Examination Fee</b></li> </ul> <p>Payment is only necessary for those whose exam forms say "paid" under payment information. Please see the back of this page for payment details. Examinations are free for tax exempt and welfare recipient families.</p> <p>※Household tax considerations will be made as of January 1st, 2021, and take effect in 2022. ※2022 residence tax exemptions will take effect in 2023. ※If you have concerns about the cost of the examination, please bring it up BEFORE your appointment.</p> <ul style="list-style-type: none"> <li>• <b>Health insurance card</b></li> </ul> <p>Those services other than the basic examination will be considered as health insurance (paid) services.</p>
Caution	<ul style="list-style-type: none"> <li>• The examination bus has a high step and is very narrow. We recommend those for whom this may be difficult get examined at a medical facility.</li> <li>• For the safety of examinees and their children, we ask that you not bring your child with you to your examination.</li> <li>• If you believe your child can safely and quietly wait during your examination, you may bring them along. However, any injury the child may incur on the premises is not the responsibility of the medical facility or Toyohashi city.</li> </ul> <p>• <b>Examinations may be cancelled due to strong winds or infectious disease outbreaks. Please check the city website for the most up-to-date information.</b></p>
Other	<ul style="list-style-type: none"> <li>• If you receive multiple examinations, we will ask that you pay the examination fee.</li> </ul>

Target	Examinations	Type of checkup	Tests	Fee	Period	Target Age	Notes
Examinations for men and women	Lungs (Tuberculosis • Lung cancer)	Checkup at a medical institution	Consultation/ Chest x-ray examination/ Sputum cytology examination	¥500	May 9 to January 31	Age 40 and above	<ul style="list-style-type: none"> <li>• Persons who are 65 years of age or older are prone to the development of tuberculosis and are advised to have this examination every year.</li> <li>• Persons who have smoked more than 600 cigarettes (number of cigarettes per day times years of smoking) are recommended to take the sputum test.</li> <li>• Those who are currently pregnant or may be pregnant are ineligible to take this test.</li> <li>• If you had subjective symptoms such as bloody sputum within the past 6 months, please consult a medical institution instead of the medical examination.</li> </ul> <p><b>&lt;Mass examination&gt;</b> Please make sure to check the following notes and the back of the questionnaire sent after making a reservation.</p> <ul style="list-style-type: none"> <li>• Those who are wearing a glucose monitoring system (glucose meter) cannot be examined.</li> </ul>
		Group Checkup	Consultation/ Chest x-ray examination/ Sputum cytology examination	¥200			
	Stomach Cancer	Checkup at a medical institution	Consultation/ Gastroscopy (endoscope examination)	¥3,000	May 9 to January 31	Even number ages Age 40 and above	<div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">Checkup at a medical institution</div> <ul style="list-style-type: none"> <li>• Please confirm to the medical institution you have for the details of either examination.</li> </ul> <div style="border: 1px solid black; padding: 2px; margin-bottom: 5px;">Group Checkup</div> <ul style="list-style-type: none"> <li>• Please make sure to check the following notes and the back of the questionnaire sent after making a reservation.</li> <li>• Those who have hypersensitivity (allergy) of barium preparations, intestinal obstruction (ileus), ulcerative colitis, Crohn's disease, diverticulitis of the large intestine, and wearing a glucose monitoring system (glucose meter) cannot be examined.</li> <li>• Those who are pregnant or may be pregnant are ineligible to have this medical examination.</li> </ul> <p><b>The day before the examination</b></p> <ul style="list-style-type: none"> <li>• Please eat foods that are easy to digest before 9 p.m. Water and tea are also acceptable.</li> </ul> <p><b>On the day of examination</b></p> <ul style="list-style-type: none"> <li>• Please do not eat (breakfast nor candies)/do not drink water nor tea, do not smoke, etc in the morning</li> <li>• You will NOT be able to take the exam if you eat, drink, smoke, etc. on the day of the exam.</li> </ul> <p>※For those on medication Please check with your doctor whether the medicine needs to be taken on the day of the examination. If it is necessary, please take the medicine with small amount of water by 6 a.m. and inform the radiologist before the examination.</p> <p><b>After the examination</b></p> <ul style="list-style-type: none"> <li>• Please drink plenty of water to accelerate the excretion of barium.</li> </ul>
			Consultation/ Stomach x-ray examination (Barium examination)	¥3,000			
		Group Checkup	Consultation/ Stomach x-ray examination (Barium examination)	1,000円			
Colon cancer	Checkup at a medical institution	Consultation/ Fecal occult blood test (two-day method)	¥200	May 9 to January 31	Deadline for the submission of stool samples is the end of February	Age 40 and above	<ul style="list-style-type: none"> <li>• The stool sample container can be obtained at any of the medical institutions (please refer to the list of participating institutions) or at lung/stomach cancer group checkup locations. Submit the samples to a medical institution conducting colon cancer screenings.</li> <li>• The examination voucher is necessary stool sample container to obtain and submit the samples. Please do not lose your examination voucher.</li> </ul>
Periodontal (gum) disease	Checkup at a medical institution	Consultation/oral examination/ dental health guidance	Free of charge	May 9 to March 31		<p>Ages: 20 30 40 50 60 70</p> <ul style="list-style-type: none"> <li>• If you need treatment for cavities or periodontal disease, you will be able to receive treatment on the same day.</li> <li>• The reception fee will be free for those who are only receiving a gum disease examination. For operations such as tartar removal, there may be extra fees on top of the operation fees to cover examinations, etc.</li> </ul>	

Target	Examination	Type of checkup	Tests	Fee	Period	Target Age	Notes
Examinations for women	Cervical Cancer	Checkup at a Medical institution	Consultation / Examination / Gynecological examination / Pap smear cervical screening	¥1,600	May 9 to January 31	Women age 20 and above	<ul style="list-style-type: none"> <li>• Thing(s) to bring : sanitary napkin</li> <li>Please make sure to bring a napkin in case of spotting or bleeding after the examination.</li> <li>• Please do not have the examination during your menstrual period.</li> <li>You are advised to have the examination 1 week after your menstrual period ends and before your next menstrual period begins.</li> <li>• We recommend that you wear exam-friendly clothing such as a skirt or dress.</li> <li>• Cervical cytopathology will be done. If you have had your uterus completely removed, please consult your doctor in advance.</li> <li>• If you had a cervical cancer screening in Reiwa 2 and wish to have a cervical cancer screening at an odd age this year, please contact the Health Promotion Division.</li> </ul> <p><b>&lt;Mass examination&gt;</b></p> <p><b>Please make sure to check the notes on the back of the questionnaire sent after making a reservation.</b></p> <ul style="list-style-type: none"> <li>• You may not be able to have a medical examination if you are pregnant.</li> </ul>
		Group Checkup	Consultation / Examination / Gynecological examination / Pap smear	¥1,000			
	Breast Cancer	Once every 2 years Even ages	Checkup at a Medical institution	Consultation / Examination / Palpation / Ultrasound (also called echo)	¥1,300	May 9 to January 31	Women age 40 and above
Group Checkup			Consultation / Breast x-ray examination (Mammogram)	¥2,300 (Both sides for those aged between 40 and 49) ¥1,400 (One side for patients aged 50 and above)			
Osteoporosis	Group Checkup	Consultation / Arm X-ray examination	¥300	June 24 to January 16	Women age: 40, 45, 50, 55, 60, 65, 70	<p>Please check the group examination schedule in the enclosed "Information for Group Examination" (tri-fold leaflet) and make a reservation.</p> <p>※For reservation, refer to "Group Examination Information" (tri-fold leaflet).</p> <p><b>Please make sure to check the notes on the back of the questionnaire sent after making a reservation.</b></p> <p>The following people cannot be examined.</p> <ul style="list-style-type: none"> <li>• Those who are currently pregnant or may be pregnant.</li> <li>• Those who have metal in both arms (forearms).</li> <li>• Those who are wearing a glucose monitoring system (glucose meter).</li> </ul>	
Examination for men	Prostate cancer	Checkup at a Medical institution	Consultation / Blood test	¥300 (tokutei kenshin checkup / Simultaneous blood sampling) ¥1,200 (Prostate cancer examination / Single blood sampling)	May 9 to January 31	Men age: 50, 55, 60, 65, 70	<ul style="list-style-type: none"> <li>• You do not need to skip meals if you are only having the prostate cancer examination.</li> <li>• The group checkup and checkups combined with a thorough medical checkup(Ningen Doc) can not be completed simultaneously.</li> <li>• Prostate cancer examinations cannot be performed during designated group examinations.</li> </ul> <p>※Prostate exams will be held during complete physical examinations.</p>