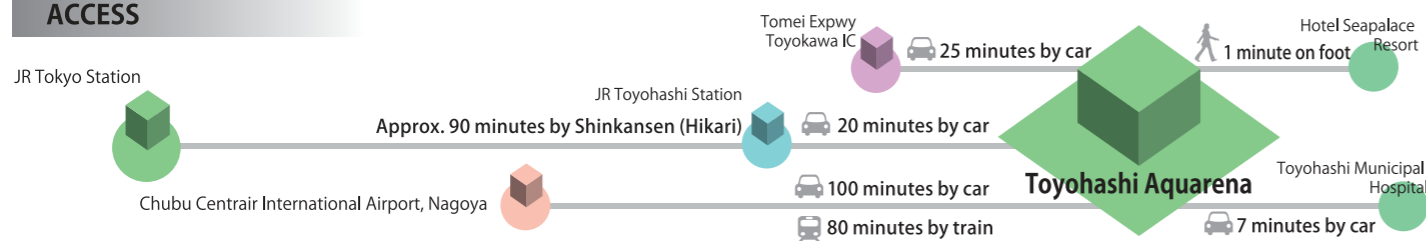


## Toyohashi Aquarena

Address	1-3, Menowari, Jinnoshinden-cho, Toyohashi City, Aichi Prefecture		
Size and specifications	Air-conditioned (all floors), 50-meter swimming pool: 10 lanes for official competitions, Water depth 0.3 to 2.0 m (movable floor)		
Completed	2006	Parking spaces	800 cars
Universal design	Sloped doorways, Braille blocks, Braille signs, Wheelchair-accessible restrooms, Elevators for the disabled, Showers (barrier-free), Locker rooms (barrier-free), Restrooms for ostomates		
Affiliated facilities	418 lockers for men and 408 for women, 10 showers each for men and women, 2 locker rooms each for men and women, 1 conference room, 3 boardrooms, 1 broadcasting room, 1 pressroom, 2 players' waiting rooms, 1 lifeguards room		
Website	<a href="http://www.hamada-sports.com/toyohashi">http://www.hamada-sports.com/toyohashi</a>		



### ACCESS



### Accommodations in the vicinity

#### Hotel Seapalace Resort



Address	1-3, Minowari, Jinnoshinden-cho, Toyohashi City, Aichi Prefecture		
Capacity	250 people	Completed	1989
Number of rooms (by type)	16 western rooms, 21 western/Japanese rooms, 13 Japanese-style rooms		
Parking spaces	250 cars	Distance from training facility	1 minute on foot
Training facilities	Sauna room	Restroom	Western-style restroom
Other facilities, services	Conference room, Banquet room, Room bath, Communal bathroom, Wi-Fi, Laundry corner		
Foreign language support	English		
Website	<a href="http://www.sea-palace.co.jp/en/">http://www.sea-palace.co.jp/en/</a>		

### Medical institutions in the vicinity

#### Toyohashi Municipal Hospital

Address	50, Hachikennnishi, Aotake-cho, Toyohashi City, Aichi Prefecture
Holidays and nighttime	Emergency care available 24 hours a day
Foreign language support	English, Spanish, Portuguese
Distance from training facility	7 minutes by car
Website	<a href="http://www.municipal-hospital.toyohashi.aichi.jp/en/">http://www.municipal-hospital.toyohashi.aichi.jp/en/</a>

Departments	General Internal Medicine, Respiratory Medicine, Gastroenterology, Cardiology, Allergology, Infectious Diseases, Nephrology, Endocrinology & Diabetes, Neurology, Hematology & Oncology, General Surgery, Respiratory Surgery, Cardiovascular Surgery, Pediatric Surgery, Anoproctology, Transplant Surgery, Orthopedic Surgery, Rheumatology, Spine Surgery, Plastic Surgery, Neurosurgery, Pediatrics, Pediatrics (Neonates), Obstetrics & Gynecology, Obstetrics & Gynecology (Reproductive Medicine), Female Endoscopic Surgery, Otolaryngology, Ophthalmology, Dermatology, Urology, Radiology, Mental Care, Anesthesiology (Pain Clinic), Emergency Medicine, Rehabilitation, Pathology, Oral & Maxillofacial Surgery
-------------	---

### Toyohashi City sightseeing spots, attractions



#### Hand-held fireworks

Hand-held fireworks ( "tezutsu hanabi" ), said to have originated in Toyohashi City, are set off at many Shinto festivals as a dedication in the city.



#### Food culture

Toyohashi is one of the leading agricultural areas in Japan blessed with a warm climate and abundant water, producing a wide variety of crops and shipping them throughout the country.



#### Streetcars

In the Tokai area, streetcars run only in Toyohashi City.



#### Toyohashi Zoo & Botanical Park

A large park with a huge area of approx. 40 ha, consists of four areas of the zoo, botanical garden, amusement park and museum of natural history.

25 minutes by car from Toyohashi Aquarena

A sports complex housing a gymnasium, swimming pool and hotel

# Toyohashi Aquarena



## Toyohashi City, Aichi Prefecture

Pre-game training camp/Suggested Sports

Swimming

Sports Division, Board of Education,  
Toyohashi City

TEL +81-532-51-2864

Office hours: Mon. through Fri. 8:30 a.m. – 5:15 p.m.  
\* Except national holidays and Dec. 29 through Jan. 3  
\* Only Japanese available.

E-Mail [sports@city.toyohashi.lg.jp](mailto:sports@city.toyohashi.lg.jp) \* English acceptable

Information on the sports facilities in Aichi

Aichi Sports Commission <http://aichi-sc.jp/>

※The information listed on this leaflet is as of July, 2016, and is subject to change without notice.





## 50-meter pool

Swimming pool for official competitions (10 lanes), Water surface area: 1,250 m<sup>2</sup>  
 Water depth: 0.3-2.0 m (movable floor)  
 Spectator seating: 2,011 fixed seats, space for 10 wheelchairs

## Toyohashi Aquarena

Toyohashi Aquarena is an indoor swimming pool complex located inside Toyohashi Sports Park. The 50-meter pool (10 lanes) is available for official competitions, with a movable floor to adjust the water depth (0.3–2.0 m). Equipped with 2,000 spectator seats. The Arena is used as a swimming pool during summer and as a skating rink during winter.

2F



Locker room: 2 rooms each for men and women  
 730 lockers (370 for men, 360 for women). And also Shower rooms (6 showers each for men and women), Locker room for the disabled (with shower and restroom), and 9 restrooms (including, 3 restrooms for the disabled) are available



Training room (540 m<sup>2</sup>)  
 Muscle training machines: 12, aerobic exercise machines: 30, free weights, dumbbells 1kg–20 kg, balance balls: 6, changing room (48 lockers each for men and women), showers (4 each for men and women)



Conference room (1), Boardrooms (3)  
 Each room for around 15 people



## 25-meter pool

7 lanes (one has a slope for wheelchairs)  
 Water depth: 1.1 m



1F



Warm-up room  
 Room temperature: 50 °C



Studio in the training room (108 m<sup>2</sup>)  
 With stretching space