

Toyohashi “Cheer!” Project
Words from Our Athletes
~ Marathon Athlete, Ayuko Suzuki ~

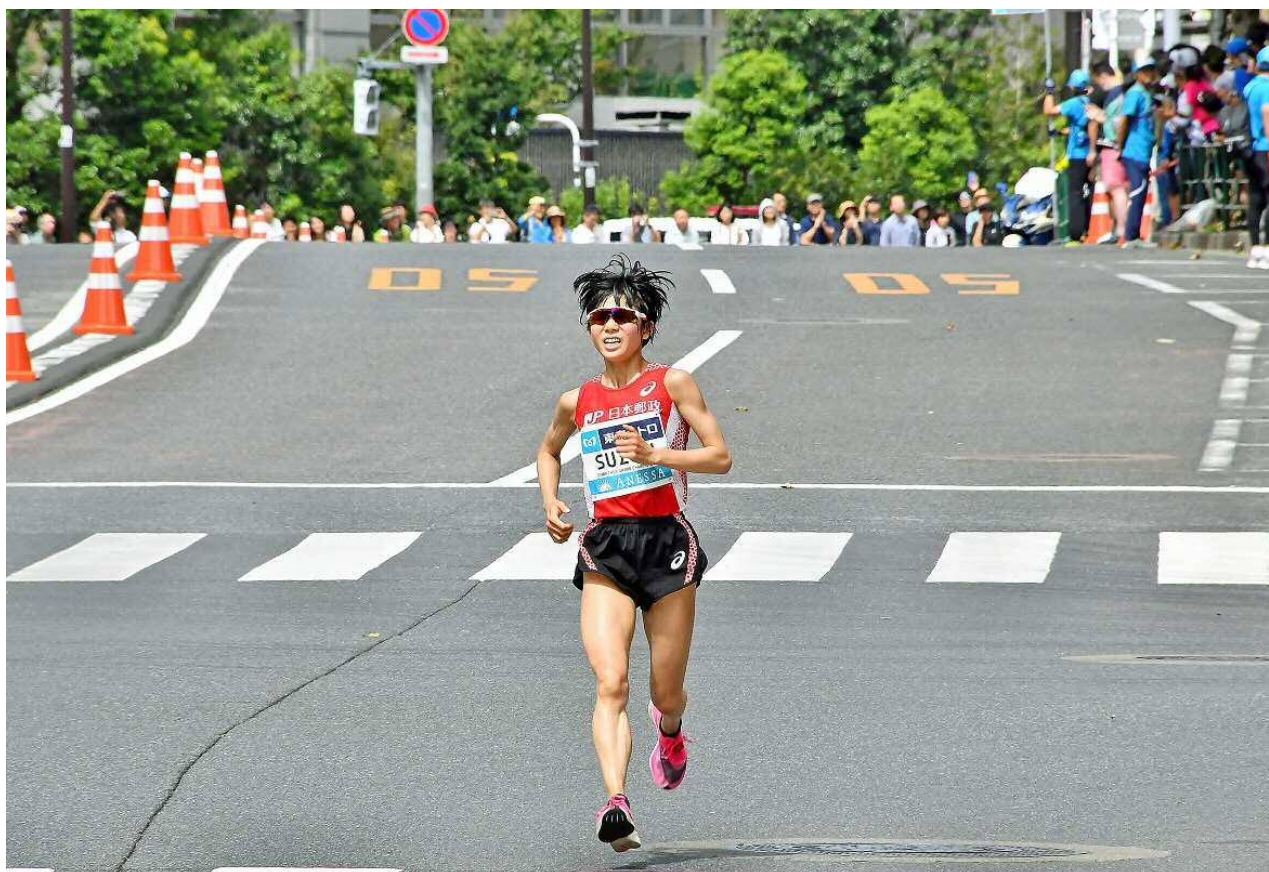
Hello to everyone in Toyohashi. This is Ayuko Suzuki from the Japan Post Group.

I am taking the current situation day by day and training hard with a positive attitude towards next year’ s Tokyo Olympics.

Let’ s all do our best to help one another and overcome this together.

Although we are all far apart from one another, our hearts are connected as one.

Stay healthy and let’ s meet again soon!



Name: Ayuko Suzuki

Sport: Marathon

Personal History: Ran in the 2016 Rio de Janeiro Olympics Women’ s 5000m and 10,000m
Qualified for the Tokyo 2020 Olympics Women’ s Marathon
Hojo Junior High School →Jishukan High School
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