

～ To all of you who have recently given birth～

Congratulations on your baby's birth! Everyone who has accomplished the great task of giving birth, how are you feeling?

Due to preventative measures for the coronavirus, some of you may have felt things such as "It was discouraging to give birth with no one around" or "My parents couldn't come to Toyohashi for the birth."

Be it your personal health after childbirth, childcare, or any trivial matter, please feel free to reach out to us so that we can point you in the right direction for assistance.



General Consultation Desk for Pregnancy, Childbirth and Child-rearing

- Children's Health Section (Located inside Hoippu)
From 8:30 a.m. to 5:15 p.m. Monday - Friday (excluding holidays)
Telephone (0532)39-9188
- Kodomo Miraikan Kokoniko
From 9:30 a.m. to 5:00 p.m. Monday - Sunday (excluding Wednesdays)
Telephone (0532)21-5528

Example issues

Papa struggling with bathing

I can't breastfeed properly.

I'm tired, I want to rest after giving birth

I cry for no reason



Postnatal care
Overnight or day trip
available

Postnatal care
A midwife will come
to your home

* For postnatal care, 20% of the cost will be paid by the individual

Temporary care
We can take care of your
older child

* You will be responsible for the expenses of temporary care.



I wasn't able to give birth in my hometown due to the coronavirus measures.

My parents can't come due to the stay-in-place order for the coronavirus



Support services for expectant and nursing mothers

For those who do not have family assistance due to the coronavirus, a senior member can assist you.

* Support services for expectant and nursing mothers are free.