# July 27<sup>th</sup>

# Don't Miss Taekwondo!

Taekwondo – Saturday, July 24th – Tuesday, July 27th

# O Who to watch: Alexander Bachmann, Germany



OOutlook going into the Games

"I really like to fight in Asia. I won my world Champion title in Asia, so I have good memories to this continent. Hopefully in Japan i will win the same color of medal, like I won 2017 in Korea. My coach and I are really looking forward to fight in Tokio. Even though this Olympic games will be complete different than any other olympics, it is still the most important competition for any athlete. And it is my dream to win the gold Medal for my country. I am proud to represent Germany and I am very thankful for all of your support. I am a little bit sad, that we can not come to Toyohasi before my competition. Last time, you organized for us perfect training possibilities and we felt so welcomed in Toyohashi. But the health of everyone is most important in this incredible times. So we decided to go straight to the Olympic village."

•Weight class: +80kg

°Highlights

2017 Taekwondo World Champion 3<sup>rd</sup> in the Olympic World Rankings •Social media: Instagram Personal @bachmannalexander German Taekwondo Union: @ger taekwondo

## The sport: Taekwondo

Taekwondo is popular around the world with over 80 million practitioners in 200 countries!

Taekwondo was first introduced at the 1988 Seoul Games, and the 1992 Barcelona Games, before becoming an official Olympic event at the 2000 Sydney Games. The variety of acrobatic-like kicks, which include spins and jumps, are incredible. A match consists of three 2-minute rounds, and athletes compete to score the most points. A match may also end due to a knockout. Taekwondo is heavily associated with kicking, but punching (to the torso) is also permitted.



 $\bigcirc$ Example scoring scenario

- Kick: Head = 3 points, Torso = 2 points (Athletes receive extra points for performing spin kicks)
- Punch: Torso = 1 point

The Tokyo Olympics will feature 58kg, 68kg, 80kg, and +80kg weight classes for men, and 49kg, 57kg, 67kg, and +67kg weight classes for women. Bachmann has qualified for the +80kg weight class. You can follow the +80kg tournament below:

#### Tuesday, July 27th (Makuhari Messe A Hall)

 $\Diamond 10:00 \sim 17:00$  Round 1 (8 matches)  $\rightarrow$  Quarter Finals (4 matches)  $\rightarrow$  Semi-finals (2 matches)  $\Diamond 19:00 \sim 22:40$  Repectage (2 matches)  $\rightarrow$  Finals  $\rightarrow$  Award ceremony

You may think that taekwondo is dominated by its founding country, Korea, but actually, England, Iran, China, Cote d'Ivoire, Jordan, and many more are also home to gold medalists. This year Alexander will be fighting to add Germany to that list!

### OToyohashi's ties with Germany

Our relationship with Germany began in 1991, when Volkswagen Japan opened its doors in Toyohashi. Following this, Toyohashi would become partner cities with Wolfsburg, Germany, the home of Volkswagen. Since then, we have engaged in a variety of educational, musical, and sports exchanges, and in 2016, Toyohashi registered as a Host Town for Germany.

 $\bigcirc \mathsf{Training}\ \mathsf{camp}\ \mathsf{for}\ \mathsf{the}\ \mathsf{German}\ \mathsf{men's}\ \mathsf{taekwondo}\ \mathsf{team}$ 

#### (September, 2019)



Online taekwondo camp (August, 2020)



Students received advice from German head coach, Georg Streif

OCheering on the German taekwondo team (May, 2020~)



Taekwondo exchange event with Toyohashi elementary school students There was a taekwondo demonstration, a chance to spar with the athletes, and much more



Sparring between members of the Kishukai taekwondo club

