

Information Regarding Reiwa 8 (2026) Health Examinations for Children Preparing to Enroll in Elementary School



Toyohashi Official Website
Health Exams for Children
Enrolling in Elementary School

Health examinations will be conducted for all children who will enter elementary school (1st grade) at the start of the Reiwa 8 (2026) school year

Target Group

Children who will attend elementary school next year (Children born between April 2nd, 2020, and April 1st, 2021)

Notice for Parents/Legal Guardians

A notice with information regarding the health examinations will be sent by mail on or after September 29th, or delivered directly by a student (*renraku jidou*) from your child's future school district. Please contact the Health and School Lunch Division (*Hoken Kyuushoku-ka*) if you have not received your notice within 2 business days (excludes weekends and holidays) of your child's school's planned examination date.

Health Examination Dates

Health exams will be conducted in October.
The exact date and time will vary depending on the school.

Health Examination Locations

Designated elementary schools (designated elementary school for each school district based on residential address, as of October 1st)

- * The location for your child's health examination will be listed on your notice.
- * **In principle, health examination locations cannot be changed. Please go to the designated elementary school.**
- * Those who had moved their address retroactively after October 2 may be required to have the examination in the school district before moving.

However, the location of a child's health examination can be changed if a request form (*Kaijo henkou moushidesho*) for a change of location is submitted before the deadline, and if any of the following apply:

- ① You are planning to move, and the new address has already been decided (down to the lot number (*banchi*) and/or apartment number (*heya bangou*)).
- ② You are planning to apply to a school outside of your school district.
 - ◆ If you live in Yoshidagata school district and have applied for the "School Choice System" (*tokutei chiiki rinsetsu-ko sentaku seido*, a system that gives children the flexibility to attend schools outside of their school district) by Wednesday, September 16th. In this case, submission of a request form for a change of location (*Kaijo henko moshidesho*) is not necessary since your child's school is listed on your application.
- ③ If you plan to apply for admission to a *tokunin-kou* (Gejo Elementary, Suse Elementary, Kamo Elementary only) and have completed the preliminary visit

※ If you have a registered address outside the city, you must do the medical examination at the municipality where you have your address registered.

Request Form for a Change of Examination Location (*kaijo henko moshidesho*)

Where to apply: Any Toyohashi elementary schools or the Health and School Lunch Division (*Hoken Kyuushoku-ka*, Toyohashi City Hall, East Bldg., 11F)

Application period: August 17th (Monday) — September 15th (Tuesday), 2026

Applicant: Parent/legal guardian (guardian-equivalent living in same household)

Things to bring: Nothing

※If you are planning on changing residence, please have your new address available as you will be required to write it down. (Documents showing proof of your change of residence do not need to be submitted.)

Other information:

- **For those who are planning to move between September 18th and October 1st, 2026, please be sure to submit this request form.**

※Otherwise you may be requested to have the examination in your current school district before moving.

- Applications by phone will not be accepted.

- The only thing that can be changed is the examination location. It does NOT grant permission to commute to schools outside of Toyohashi, or attend *tokunin-kou*. Please apply those separately.

Toyohashi Board of Education, Health and School Lunch Division TEL 0 5 3 2 - 5 1 - 2 8 1 5
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